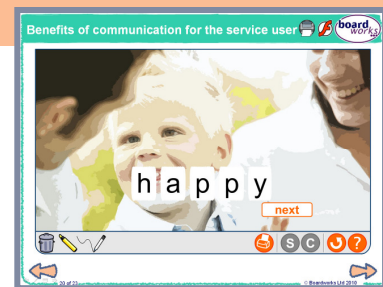


BTEC First Health and Social Care Contents

Unit 1: Communication in Health and Social Care

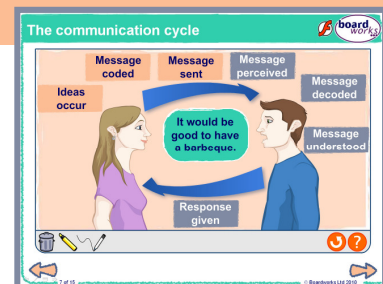
1.1 Forms of Communication (60 slides, 17 Flash activities)

- Contexts
- Forms of communication
- Alternative forms of communication



1.2 Barriers to Effective Communication (71 slides, 24 Flash activities)

- Communication cycle
- Factors that affect communication (a)
- Factors that affect communication (b)
- Ways of overcoming communication barriers



1.3 Effective Communication (18 slides, 2 Flash activities)

- Skills for effective communication



Unit 2: Individual Rights in Health and Social Care

2.1 Diversity and Equality in Society (79 slides, 13 Flash activities)


- Social factors
- Political factors
- Equality (a)
- Equality (b)
- Biological factors

Diversity

Diversity is about recognising that everyone is different in a variety of visible and non-visible ways.

It is about creating a society and ways of behaving that recognise, respect and value difference.

Within the caring environment, clients should have their diverse needs met and workers should feel valued.




2.2 Principles and Values in the Support of Individuals (56 slides, 13 Flash activities)

- Ethical considerations
- Individual rights
- Worker responsibilities

Ethics

Ethics can involve difficult decisions. Should carers prolong the life of someone terminally ill and in pain? Should social workers remove a child they feel to be at risk from its natural parents? Should an ill, elderly person be put in a care home if they would prefer to stay in their own house?

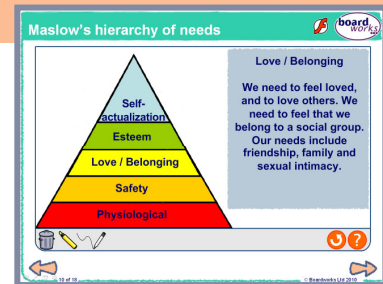


Sometimes there is no clear-cut right or wrong answer.

Unit 3: Individual Needs in Health and Social Care

3.1 Everyday Needs of Individuals (50 slides, 16 Flash activities)

- Needs
- Physical needs
- Intellectual needs
- Emotional needs
- Social and spiritual needs



3.2 Factors that Influence the Health and Needs of Individuals (84 slides, 19 Flash activities)

- Socio-economic factors
- Physical factors
- Lifestyle factors (a)
- Lifestyle factors (b)
- Health factors

Effects of the environment on our health

Where we live can have an impact on our health. _____ is a breathing problem which can be caused by pollen and dust.
 Polluted water can cause _____.
 Chemical pollution in the air can cause serious _____ diseases.
 Excessive noise can be _____ and can cause _____ can lead to cancer.

respiratory stressful Smoking sunlight Asbestosis
 Asthma deafness cholera relaxing blindness

3.3 Plan to Meet the Health and Wellbeing Needs of an Individual (10 slides, 4 Flash activities)

- Accounting for Needs
- Assessment of general health and wellbeing
- Plan

SMART goals

First of all, Gina needs to ensure she has set the right type of goals. They need to be SMART. This stands for:

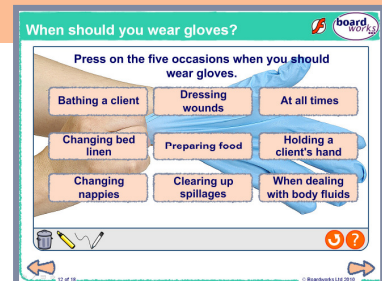
- Specific
- Measureable
- Achievable
- Realistic
- Time-related

Gina only has one specific goal: to quit smoking. The other goals are all vaguely defined, e.g. increase exercise – by how much?
 It is hard to achieve several goals at once so Gina should initially just concentrate on one goal. She may want to start with the goal she finds easiest.

Unit 4: Ensuring Safe Environments in Health and Social Care

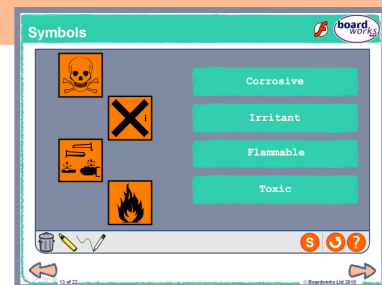
4.1 Potential Hazards in Health and Social Care (30 slides, 9 Flash activities)

- Hazards
- Responsibilities



4.2 Health and Safety Legislation and Guidelines (34 slides, 8 Flash activities)

- Legislation and guidelines (a)
- Legislation and guidelines (b)



4.3 Risk Assessment Processes in Health and Social Care (31 slides, 8 Flash activities)

- Identifying, estimating and controlling risks
- Monitoring effectiveness of controls
- Everyday activities

